

Requirements for Certification

In order to obtain the title of Certified Therapeutic Horticulture Facilitator - CTHF™, course graduates must demonstrate either:

1. A current professional designation or certification in a *related field (e.g. CTRS for recreational therapists)

or both:

1. A degree and/or Diploma in a *related field; and
2. At least one year (500 hour min) practical experience in therapeutic horticulture or a *related field

**Related fields include recreational, occupational, art and animal therapy, social work, counselling, psychotherapy, psychology, and horticulture.*

Benefits of the Certification

- Professional credibility
- Increased marketability
- Enhanced career opportunities
- Networking and professional development



Wondering if you qualify or if this is the right fit for you?
[Email](#) or [book a coffee chat](#) with Registered Horticultural Therapist and Lead Instructor, Katie McGillivray.

About Root in Nature

Root in Nature strengthens human health by connecting people with plants and nature through therapeutic horticulture, while serving as a training hub and professional growth platform for practitioners in the field. We offer a growing suite of online courses.



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The Process

Step One:

Complete the Intro and Advancing Skills in Therapeutic Horticulture Courses

Building on the foundational knowledge provided in the introductory course, the certification course dives deeper into advanced techniques, specialized applications, and nuanced approaches in therapeutic horticulture.

Taught by Katie McGillivray, HTR, along with guest speaker experts in the field, this course includes both self-paced and mandatory virtual live elements. Students will complete the course, including a final exam and capstone project, in their chosen one-month period.

This course ensures participants gain hands-on experience and practical insights transferable to their career goals. Successful graduates of the course will be eligible to obtain certification.

Step Two:

Maintain your certification

In order to maintain their certification, individuals holding the CTHF™ certification must:

- Successfully adopt Root in Nature Inc.'s [Standards of Practice](#)
- Maintain an annual membership in the GrowTH Network to ensure ongoing professional development and peer support, including:
 - attending at least two one-hour professional development (guest speaker) events per year
 - attending at least one peer support call per year

