

Guide to Navigating the GrowTH Network Resource Library

To support practitioners in building and sustaining effective therapeutic horticulture (TH) programs, the GrowTH Network Resource Library is organized into sections that reflect the natural stages of TH program development. Each section aligns with a specific phase of planning, delivery, or evaluation, making it easier for users to find relevant tools and information as their program evolves.

1. Program Site Assessment & Viability

Start with confidence by evaluating your site's readiness, available resources, and your own skills to ensure a strong foundation for your therapeutic horticulture program.

- a. Site Assessment Checklist
- b. Practitioner Skills Self-Assessment
- c. Site Resources & Hazards Inventory

2. Participant Intake & Assessment

Gather essential information to ensure safety, personalize programming, and build meaningful connections through thoughtful intake and assessment tools.

- a. General TH Program Intake Form
- b. Participant Safety Assessment
- c. Community & Clinical Participant Interest Questionnaires

3. Participant & Program Goals

Set impactful, measurable goals that align with client needs and therapeutic outcomes using practical templates and real-world examples.

- a. S.M.A.R.T. Goals Template
- b. Long & Short Term Goal Worksheet
- c. Goal-Specific TH Activity Examples

4. Program Planning, Schedule & Curriculum

Build a thoughtful, year-round therapeutic horticulture program with tools for curriculum design, scheduling, and plant production planning.

- a. Program Curriculum Builder

- b. Year-Round Planning Guide
- c. Plant Purchasing Considerations

5. Therapeutic Gardens & Programming Environments

Design sensory-rich, healing outdoor garden and indoor spaces using plant guides, layout tools, and seasonal planning resources.

- a. Sensory Plant Lists
- b. Garden Bloom Schedule
- c. Garden Design Tools

6. Traditional & Adaptive Tools & Techniques

Equip your sessions with inclusive tools, repair tips, and creative strategies to meet diverse participant needs.

- a. Tool Check-Out Sheet
- b. Garden Tool Repair & Reuse Guide
- c. Examples of 'Social Stories'

7. Horticulture Knowledge

Expand your plant know-how with practical resources focused on sustainable choices and nutrient-rich gardening.

- a. Non-Plastic Pot Options
- b. Nutrient-Dense Weed Guide

8. Program Budgets, Funding & Proposals

Secure support and funding with templates and strategies for writing proposals, budgeting, and running successful fundraisers.

- a. TH Program Budget Template
- b. Program Proposal Guidelines
- c. Plant Sale Fundraising Tips

9. TH Marketing Strategies

Learn how to effectively communicate your program's value and engage your audience with modern marketing tools tailored to TH.

- a. Modern TH Marketing Guide

10. Consent, Liability & Volunteer Forms

Streamline onboarding and protect your program with ready-to-use forms for volunteers, media releases, and legal documentation.

- a. TH Participant Liability Waiver Form
- b. Volunteer Application, Interview & Waiver Forms
- c. Photo & Media Release Forms

11. TH Session Facilitation & Organization

Deliver well-structured, engaging sessions with planning templates, documentation tools, and creative organization methods.

- a. TH Session Plan Template & Example
- b. Activity Labor & Cost Worksheet
- c. TH Session Documentation Tool

12. TH Program Management & Billing

Run your program smoothly with tools for billing, agreements, job postings, and ongoing professional development.

- a. TH Service Agreement Template
- b. Invoice Template & Example
- c. Program Manager Job Description & Reflection Tool

These categories mirror the real-world process of launching and maintaining a TH program, whether you're starting from scratch or enhancing an existing initiative.